The Central Liaoning City Cluster (Shenyang Economic Region) is the region that will be the core of the Revitalization of the Northeast Old Industrial Base in Liaoning Province, and is an important production base for machine and equipment manufacturing industries in China. The course of that development will have a great effect on Liaoning Province, the Northeast, as well as China as a whole.

This paper comprises four sections, indicated as follows: (1) the overall condition of regional development and a comprehensive evaluation of land and resources (the relative advantage of regional and national resources, and the main problems involved with national land development and the development of the economy and society); (2) the overall distribution of economic development in the region (the economic region based on Shenyang, the Anshan economic region geared to the iron and steel industry, and the Shenyang-Dalian corridor); (3) the drawing-up and configuration of the industrial composition (industry, agriculture, and service industries); (4) the construction of a common market within the region and the promotion of "coalescing into one city" (key challenges and proposals related to the promotion of regional integration, initiatives toward the framework and construction of a common market within the region, the formation and consolidation of a mechanism for "an enjoyment of resources and a balancing of profits", and the formation and consolidation of a market supervisory and administrative mechanism and a restraining mechanism).